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A New Way

THE NEW PSYCHO CYBERNETICS has taken a good book and made it even better.

The masterful editing and adapting by Dan Kennedy is great. It still is done in the voice of the original author, Dr. Maxwell Maltz, but it has up to date examples of people most of us know from this time in history, yet it still includes the examples Dr. Maltz

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wrote about in his
original book.

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opportunities,
dehypnotize yourself
from false beliefs, and
celebrate new freedom
from fear and guilt.

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Success That Has
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Maxwell Maltz 4.6 out
of 5 stars 196

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book. The first edition
of the novel was
published in 1960, and
was written by Maxwell
Maltz. The book was
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languages including English, consists of 288 pages and is available in Mass Market Paperback format.

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form of servo-
mechanism, operating
in accordance with
Cybernetic principles,
we gain a new insight
into the why and
wherefore of human
behavior.

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Book Summary: Psycho-Cybernetics by Maxwell Maltz

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Psycho Cybernetics utilizes a mechanical perspective of your brain and body's activity to create a new system of thinking and behaving. The book was originally written by a plastic surgeon turned self-help author, Dr. Maxwell Maltz.

Psycho Cybernetics by Maxwell Maltz : Book Summary

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“Psycho-Cybernetics
was written back in
1960, but it was way
ahead of its time.

Maxwell Maltz was a
successful plastic
surgeon in the States,
and he was puzzled by
the attitudes of some
of his patients whose
plastic surgery was
successful, but they
still felt ugly inside.

**Psycho-Cybernetics:
Updated and
Expanded: Maltz,**

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The New Psycho- Cybernetics: Maxwell Maltz, Dan S. Kennedy ...

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dehypnotize yourself from false beliefs, and celebrate new freedom from fear and guilt.

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programs. Turn crises into creative opportunities, dehypnotize yourself from false beliefs, and celebrate new freedom from fear and guilt.

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Quotes Showing 1-10
of 10 “You will act like
the sort of person you
conceive yourself to
be.” — Maxwell Maltz,
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More Living Out of Life
BY MAXWELL MALTZ,
M.D.,F.I.C.S.

FOREWORD: The
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Imagination—The First
Key to Your Success
Mechanism 4.

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His best-seller Psycho
Cybernetic, published
in 1960, is considered
one of the best books
in the self-help
category, of the
psychology
masterpieces that
paved the way for most
of today's

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